

School of Health, Medical & Applied Sciences

CL59 Graduate Diploma of Traumatic Stress Management Part Time Study Plan – Term 1 2019 onwards

Year	Unit Code	Unit Name	CP	Requisites	Ad. Stand	Comp Term /Status
Year 1	PSYC20046	Physiology & Psychology of Stress & Trauma	6			T1 2019
	PSYC20047	Counselling for Stress & Trauma Management	6	Co-Req PSYC20046		T1 2019
	PSYC20049	Managing Workplace Mental Health	6			T2 2019
		<i>Elective Unit (See Notes on Page 3)</i>	6			T2 2019
Year 2	PSYC20048	Animal Assisted Interaction for Stress & Trauma Management	6	Co-Req PSYC20046		T1 2020
		<i>Elective Unit (See Notes on Page 3)</i>	6			T1 2020
	PSYC20043	Coaching Individual for Positive Change	6			T2 2020
		<i>Elective Unit (See Notes on Page 3)</i>	6			T2 2020
Total Units: 8			48			

* Compulsory Residential School

✓ Completed

CP = Credit Points

For information on the terminology used in the above study plan, please refer to the Glossary on the last page of this document.

MORE DETAILS:

To satisfy the requirements for the award of CL59 Graduate Diploma of Traumatic Stress Management, students must complete 8 units (48 credit points).

Recommended Study Schedule

Students should complete units in an order that is as close as possible to the recommended structure set out in this study plan.

Course Structure Requirements

In the CL59 Graduate Diploma of Traumatic Stress Management, students are required to complete the following course structure:

- 5 Core Units
- 3 Elective Units

Course Duration Requirements

Full Time Duration 1 year full time

Part Time Duration 2 years part time

Please also note that if you fail units or take a Leave of Absence, your course duration and completion timeframe may be extended.

Interim Awards CL60 Graduate Certificate in Stress and Trauma Response

Exit Awards CL60 Graduate Certificate in Stress and Trauma Response

Deferment/Leave of Absence

Domestic students in the Graduate Diploma of Traumatic Stress Management degree are permitted to defer the initial offer of their degree for a maximum of 12 months before their offer is withdrawn. Furthermore, domestic students may also take an approved Leave of Absence (LOA) once they have commenced their course of study however only a maximum of 12 months can be granted without requesting further approval from the Head of Course.

You can apply for a deferment or LOA [here](#).

International students are not permitted to defer their initial offer or take a Leave of Absence unless otherwise discussed with their Home Campus.

Credit Transfer

If you have undertaken study in the last ten years, or have relevant in-formal or non-formal learning, you may be eligible for credit towards your course. Please note that some courses have reduced timeframes within which prior study remains eligible for credit. Please refer to the [CQUni Handbook](#) for specific credit time limits relating to your course.

To submit an application for credit, please refer to the [Credit Calculator](#) or contact the Academic Pathways Team via their email credit@cqu.edu.au. Further information about the credit process can also be found on the [Credit for Prior Learning](#) webpage.

Credit applications should be submitted at least four (4) weeks before the relevant term commences. Applications must be complete with all supporting documentation to be assessed by CQUniversity. CQUniversity cannot obtain documents from other institutions, organisations or individuals.

Residential Schools

Students studying via Distance education may be required to attend compulsory on-campus residential schools and have been marked with an asterisk (*) in the above study plan.

The units that require a compulsory residential school must be enrolled in as "Mixed Mode" under the unit availabilities in MyCentre.

For more information on the various units containing residential schools, please refer to the following link in the CQUni Handbook: <https://handbook.cqu.edu.au/resschools/index> or contact the Unit Coordinator directly.

Unit Coordinator contact information can be found via the Unit Profiles in the following link: <https://my-courses.cqu.edu.au/pub/profiles/search>.

Electives

Students in the CL59 Graduate Diploma of Traumatic Stress Management course must successfully complete a total of **3** Elective units from the following list:

PSYC20041* Group Facilitation and Coaching Skills
PSYC20042 Building Wellbeing and Resilience: Interconnected Factors
PSYC20040 Wellbeing Initiatives: Local and Global Scales
PSYC20036 Applied Positive Psychology
PSYC20037 Introduction to Positive Psychology: Perspectives on Wellbeing
DSMG20004 Building Adaptive Capacity
SAFE20017 Human Factors in Complex Systems
HISM20004# Organisational Culture in Health Care Settings
HISM20003# Using Health Data: Recognising Risk to Initiate Change
DSMG20001 Leadership in Emergency and Disaster Management

If you have any questions about your course, please contact the Course Advice Team: spc@cqu.edu.au or by visiting <http://handbook.cqu.edu.au/eforms/index> and filling out the 'Ask a Course Advisor' e-form.

PLEASE CHECK THE CQUNI HANDBOOK FOR ALL TERM AVAILABILITIES AND PRE-REQUISITES AS THEY MAY CHANGE FROM YEAR TO YEAR <http://handbook.cqu.edu.au>

GLOSSARY

- **Course**: A course is the combination of units that contribute towards either a CQUniversity award qualification or non-award study.
- **Course Code**: A course code identifies the specific course a student may be studying at CQUniversity.
- **Unit**: A unit is the individual subject students must complete in order to graduate from their course.
- **Unit Code**: A unit code identifies a specific unit that a student is enrolled in under their course.
- **Pre-Requisite (Pre-Req) Unit**: A pre-req unit is a unit which students must pass before being allowed to enrol in the subsequent unit.
- **Co-Requisite (Co-Req) Unit**: A co-req unit is a unit that must be studied at the same time as another unit.
- **Anti-Requisite (Anti-Req) Unit**: An anti-req unit is an old unit that has been replaced by a new unit and students are not permitted to study the old unit.
- **Credit Points (CP)**: Credit Points are the numerical value of a unit which contributes to the total Credit Points for a course.
- **Core Unit**: A core unit is a compulsory unit that a student must study to meet the requirements of their course.
- **Elective Unit**: An elective unit is a unit within a course that is not compulsory and students may have a choice in what unit they study, provided it meets the elective requirements of their course.
- **Major**: A major is a specific area within a course where a student specialises in and is normally made up of 8 units for undergraduate courses, and 4 units for postgraduate courses. Not all courses have majors.
- **Double Major**: A double major is where students specialise in 2 areas of study and is normally made up of 16 units. Double majors are normally only available in undergraduate courses.
- **Minor**: Like a major, a minor is a specific area within a course where a student specialises and is normally made up of 4 units.
- **Term**: A specified period of time for higher education units in which teaching, learning and assessment occurs. CQUniversity offers 3 Academic Terms per year: Term 1, Term 2 and Term 3.