

## School of Health, Medical & Applied Sciences

### CG85 Bachelor of Exercise and Sports Science

#### Biomedical Science Minor

#### Part Time Course Planner – Term 1 2019 onwards

Year	Unit Code	Unit Name	CP	Requisites	Ad. Stand	Comp Term /Status
Year 1	BMSC11001 **	Human Body Systems 1	6			T1 2019
	ESSC11001 *	Physical Activity, Fitness and Health	6			T1 2019
	BMSC11002 **	Human Body Systems 2	6			T2 2019
	ESSC11002 **	Measurement & Evaluation in Health Science	6			T2 2019
Year 2	ESSC11004 **	Study & Research Skills for Health Science	6			T1 2020
	ESSC11006	Introduction to Exercise & Sport Science Management	6			T1 2020
	ESSC11003 *	Skill Acquisition & Movement	6			T2 2020
	ESSC11005	Health & Sports Nutrition	6	Pre-Req ESSC11001		T2 2020
Year 3	ESSC12001 *	Exercise & Sport Physiology	6	Pre-Req BMSC11001, BMSC11002 & ESSC11001		T1 2021
	ESSC12004 *	Exercise & Sport Biomechanics	6	Pre-Req: ESSC11001 & ESSC11003		T1 2021
	ESSC12008 *	Applied Exercise & Sport Biomechanics	6	Pre-Req ESSC11002 & ESSC12004		T2 2021
	ESSC12005 *	Applied Exercise & Sport Physiology	6	Pre-Req ESSC11002 & ESSC12001		T2 2021
Year 4	ESSC12003 *	Exercise & Sport Psychology	6	Pre-Req ESSC11001		T1 2022
	BMSC12006 *	Cardiorespiratory Physiology & Coronary Care Management	6	Pre-Req BMSC11002		T1 2022
	ESSC13007 *	Functional Anatomy	6	Pre-Req ESSC12004, BMSC11001 & BMSC11002		T2 2022
	ESSC12009 *	Sport Injury Prevention & Management	6	Pre-Req BMSC11001 & BMSC11002 Co-Req ESSC13007		T2 2022
Year 5	ESSC13006 *	Applied Skill Acquisition & Movement	6	Pre-Req ESSC11003		T1 2023
	BMSC12007 *	Neurological Physiology & Measurement	6	Pre-Req BMSC11001		T1 2023
	BMSC12009	Sleep Physiology & Measurement	6	Pre-Req BMSC12007		T2 2023
	BIOH12008 **	Human Pathophysiology	6	Pre-Req BMSC11002		T2 2023
Year 6	ESSC13008 *	Advanced Exercise Prescription & Delivery	6	Pre-req: ESSC12005 & ESSC12008		T1 2024
	PSYC13025	Applied Sports Psychology	6	Pre-Req Completion of 96cp		T1 2024
	ESSC13009	Professional Practice in Exercise & Sport Science	6	Pre-Req ESSC13008 or ESSC13003		T2 2024
	ESSC13005	Advanced Clinical Exercise Science	6	Pre-Req ESSC12005		T2 2024
<b>Total Units: 24</b>			<b>144</b>			

\*\* Available over Term 3

\* Compulsory Residential School

✓ Completed

CP = Credit Points

For information on the terminology used in the above course planner, please refer to the Glossary on the last page of this document.

## MORE DETAILS:

To satisfy the requirements for the award of CG85 Bachelor of Exercise and Sport Science (Biomedical Science), students must complete 24 units (144 credit points).

### Recommended Study Schedule

Students should complete units in an order that is as close as possible to the recommended structure set out in this course planner. Students should concentrate on completing all first year units before moving on to second year units, and all second year units before moving on to third year units.

### Course Structure Requirements

In the CG85 Bachelor of Exercise and Sport Science (Biomedical Science), students are required to complete the following course structure:

- 18 Core Units
- 6 Minor Units

### Course Duration Requirements

Full Time Duration                      3 years full time

Part Time Duration                      6 years part time

Please also note that if you fail units or take a Leave of Absence, your course duration and completion timeframe may be extended.

**Interim Awards**                              Interim Awards do not exist for this course

**Exit Awards**                                      CL13 Diploma of Health Science

### Deferment/Leave of Absence

Domestic students in the Bachelor of Exercise and Sport Science degree are permitted to defer the initial offer of their degree for a maximum of 12 months before their offer is withdrawn. Furthermore, domestic students may also take an approved Leave of Absence (LOA) once they have commenced their course of study however only a maximum of 12 months can be granted without requesting further approval from the Head of Course.

You can apply for a deferment or LOA [here](#).

International students are not permitted to defer their initial offer or take a Leave of Absence unless otherwise discussed with their Home Campus.

## Credit Transfer

If you have undertaken study in the last ten years, or have relevant in-formal or non-formal learning, you may be eligible for credit towards your course. Please note that some courses have reduced timeframes within which prior study remains eligible for credit. Please refer to the [CQUni Handbook](#) for specific credit time limits relating to your course.

To submit an application for credit, please refer to the [Credit Calculator](#) or contact the Academic Pathways Team via their email [credit@cqu.edu.au](mailto:credit@cqu.edu.au). Further information about the credit process can also be found on the [Credit for Prior Learning](#) webpage.

Credit applications should be submitted at least four (4) weeks before the relevant term commences. Applications must be complete with all supporting documentation to be assessed by CQUniversity. CQUniversity cannot obtain documents from other institutions, organisations or individuals.

## Residential Schools

Students studying via Online studies may be required to attend compulsory on-campus residential schools and have been marked with an asterisk (\*) in the above course planner.

The units that require a compulsory residential school must be enrolled in as "Mixed Mode" under the unit availabilities in MyCentre.

For more information on the various units containing residential schools, please refer to the following link in the CQUni Handbook: <https://handbook.cqu.edu.au/resschools/index> or contact the Unit Coordinator directly.

Unit Coordinator contact information can be found via the Unit Profiles in the following link: <https://my-courses.cqu.edu.au/pub/profiles/search>

## Practicum/Work Integrated Learning (WIL) Requirements

**ESSC13008** - Students must complete a compulsory practicum experience with healthy populations under the supervision of a health professional. Placement hours will consist of a range of activities relevant to exercise and sport sciences and include exercise assessment, prescription, and delivery.

**ESSC13009** - Students must complete a compulsory practicum experience with healthy populations under the supervision of a health professional. Placement hours will consist of a range of activities relevant to exercise and sport sciences and include exercise assessment, prescription, and delivery.

**ESSC13005** - Students must complete an observational placement in a clinical setting where exercise is used in the assessment, treatment, or prevention of chronic or complex health conditions.

If you have any questions about your course, please contact the Course Advice Team: [spc@cqu.edu.au](mailto:spc@cqu.edu.au) or by visiting <http://handbook.cqu.edu.au/eforms/index> and filling out the 'Ask a Course Advisor' e-form.

**PLEASE CHECK THE CQUNI HANDBOOK FOR ALL TERM AVAILABILITIES AND PRE-REQUISITES AS THEY MAY CHANGE FROM YEAR TO YEAR <http://handbook.cqu.edu.au>**

## GLOSSARY

- **Course**: A course is the combination of units that contribute towards either a CQUniversity award qualification or non-award study.
- **Course Code**: A course code identifies the specific course a student may be studying at CQUniversity.
- **Unit**: A unit is the individual subject students must complete in order to graduate from their course.
- **Unit Code**: A unit code identifies a specific unit that a student is enrolled in under their course.
- **Pre-Requisite (Pre-Req) Unit**: A pre-req unit is a unit which students must pass before being allowed to enrol in the subsequent unit.
- **Co-Requisite (Co-Req) Unit**: A co-req unit is a unit that must be studied at the same time as another unit.
- **Anti-Requisite (Anti-Req) Unit**: An anti-req unit is an old unit that has been replaced by a new unit and students are not permitted to study the old unit.
- **Credit Points (CP)**: Credit Points are the numerical value of a unit which contributes to the total Credit Points for a course.
- **Core Unit**: A core unit is a compulsory unit that a student must study to meet the requirements of their course.
- **Elective Unit**: An elective unit is a unit within a course that is not compulsory and students may have a choice in what unit they study, provided it meets the elective requirements of their course.
- **Major**: A major is a specific area within a course where a student specialises in and is normally made up of 8 units for undergraduate courses, and 4 units for postgraduate courses. Not all courses have majors.
- **Double Major**: A double major is where students specialise in 2 areas of study and is normally made up of 16 units. Double majors are normally only available in undergraduate courses.
- **Minor**: Like a major, a minor is a specific area within a course where a student specialises and is normally made up of 4 units.
- **Term**: A specified period of time for higher education units in which teaching, learning and assessment occurs. CQUniversity offers 3 Academic Terms per year: Term 1, Term 2 and Term 3.