# School of Health, Medical & Applied Sciences

**CG85 Bachelor of Exercise and Sport Science**  
Secondary Teaching Minor  
Full Time Course Planner – Term 2 2019 onwards

<table>
<thead>
<tr>
<th>Year</th>
<th>Unit Code</th>
<th>Unit Name</th>
<th>CP</th>
<th>Requisites</th>
<th>Ad. Stand</th>
<th>Comp Term/Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 1</td>
<td>BMSC11001 **</td>
<td>Human Body Systems 1</td>
<td>6</td>
<td></td>
<td>T2 2019</td>
<td></td>
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<tr>
<td></td>
<td>ESSC11002 **</td>
<td>Measurement &amp; Evaluation in Health Science</td>
<td>6</td>
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<td>T2 2019</td>
<td></td>
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<tr>
<td></td>
<td>ESSC11003 *</td>
<td>Skill Acquisition &amp; Movement</td>
<td>6</td>
<td></td>
<td>T2 2019</td>
<td></td>
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<tr>
<td></td>
<td>ESSC11004 **</td>
<td>Study &amp; Research Skills for Health Science</td>
<td>6</td>
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<td>T3 2019</td>
<td></td>
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<tr>
<td></td>
<td>BMSC11002 **</td>
<td>Human Body Systems 2</td>
<td>6</td>
<td></td>
<td>T1 2020</td>
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<tr>
<td></td>
<td>ESSC11001 *</td>
<td>Physical Activity, Fitness and Health</td>
<td>6</td>
<td></td>
<td>T1 2020</td>
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<tr>
<td></td>
<td>ESSC11006</td>
<td>Introduction to Exercise &amp; Sport Science Management</td>
<td>6</td>
<td>Secondary Teaching Minor (See Notes on Page 3-4)</td>
<td>T1 2020</td>
<td></td>
</tr>
</tbody>
</table>

| Year 2  | ESSC11005 | Health & Sports Nutrition                      | 6  | Pre-Req ESSC11001                              | T2 2020   |                  |
|         |          | Secondary Teaching Minor (See Notes on Page 3-4)| 6  |                                                 | T2 2020   |                  |
|         |          | Secondary Teaching Minor (See Notes on Page 3-4)| 6  |                                                 | T2 2020   |                  |
|         | ESSC12001 *| Exercise & Sport Physiology                     | 6  | Pre-Req BMSC11001, BMSC11002 & ESSC11001       | T1 2021   |                  |
|         | ESSC12004 *| Exercise & Sport Biomechanics                    | 6  | Pre-Req ESSC11001 & ESSC11003                  | T1 2021   |                  |
|         | ESSC12003 *| Exercise & Sport Psychology                      | 6  | Pre-Req ESSC11001                              | T1 2021   |                  |
|         |          | Secondary Teaching Minor (See Notes on Page 3-4)| 6  |                                                 | T1 2021   |                  |

| Year 3-3.5 | ESSC12005 * | Applied Exercise & Sport Physiology | 6  | Pre-Req ESSC11002 & ESSC12001                 | T2 2021   |                  |
|            | ESSC12008 * | Applied Exercise & Sport Biomechanics       | 6  | Pre-Req ESSC11002 & ESSC12004                 | T2 2021   |                  |
|            | ESSC13008 * | Advanced Exercise Prescription & Delivery    | 6  | Pre-Req ESSC12005 & ESSC13008                 | T1 2022   |                  |
|            | ESSC13006 * | Applied Skill Acquisition & Movement         | 6  | Pre-Req ESSC11003                             | T1 2022   |                  |
|            | ESSC13009   | Professional Practice in Exercise & Sport Science | 6  | Pre-Req ESSC13008 or ESSC13003                | T2 2022   |                  |
|            | ESSC13005   | Advanced Clinical Exercise Science           | 6  | Pre-Req ESSC12005                             | T2 2022   |                  |
|            | ESSC13007 * | Functional Anatomy                            | 6  | Pre-Req BMSC11001 & BMSC11002                 | T2 2022   |                  |

**Total Units: 24**  
144

**Available over Term 3**  
* Compulsory Residential School  
✓ Completed  
CP = Credit Points

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For information on the terminology used in the above course planner, please refer to the Glossary on the last page of this document.

**Important Note:** This Course Planner has no formal or legal status but is used to assist students in planning their course. Students should refer to the official University database and/or University transcripts to ensure they are meeting course requirements.  
Last Updated: 29/01/2019
MORE DETAILS:

To satisfy the requirements for the award of CG85 Bachelor of Exercise and Sport Science (Secondary Teaching), students must complete 24 units (144 credit points).

Recommended Study Schedule

Students should complete units in an order that is as close as possible to the recommended structure set out in this course planner. Students should concentrate on completing all first year units before moving on to second year units, and all second year units before moving on to third year units.

Course Structure Requirements

In the CG85 Bachelor of Exercise and Sport Science (Secondary Teaching), students are required to complete the following course structure:

- 18 Core Units
- 6 Minor Units

Course Duration Requirements

<table>
<thead>
<tr>
<th>Duration Type</th>
<th>Duration</th>
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<tbody>
<tr>
<td>Full Time Duration</td>
<td>3.5 years full time</td>
</tr>
<tr>
<td>Part Time Duration</td>
<td>6 years part time</td>
</tr>
</tbody>
</table>

Please also note that if you fail units or take a Leave of Absence, your course duration and completion timeframe may be extended.

Interim Awards

Interim Awards do not exist for this course

Exit Awards

CL13 Diploma of Health Science

Deferment/Leave of Absence

Domestic students in the Bachelor of Exercise and Sport Science degree are permitted to defer the initial offer of their degree for a maximum of 12 months before their offer is withdrawn. Furthermore, domestic students may also take an approved Leave of Absence (LOA) once they have commenced their course of study however only a maximum of 12 months can be granted without requesting further approval from the Head of Course.

You can apply for a deferment or LOA [here](#).

International students are not permitted to defer their initial offer or take a Leave of Absence unless otherwise discussed with their Home Campus.
Credit Transfer

If you have undertaken study in the last ten years, or have relevant in-formal or non-formal learning, you may be eligible for credit towards your course. Please note that some courses have reduced timeframes within which prior study remains eligible for credit. Please refer to the CQUni Handbook for specific credit time limits relating to your course.

To submit an application for credit, please refer to the Credit Calculator or contact the Academic Pathways Team via their email credit@cqu.edu.au. Further information about the credit process can also be found on the Credit for Prior Learning webpage.

Credit applications should be submitted at least four (4) weeks before the relevant term commences. Applications must be complete with all supporting documentation to be assessed by CQUniversity. CQUniversity cannot obtain documents from other institutions, organisations or individuals.

Residential Schools

Students studying via Online studies may be required to attend compulsory on-campus residential schools and have been marked with an asterisk (*) in the above Course Planner.

The units that require a compulsory residential school must be enrolled in as “Mixed Mode” under the unit availabilities in MyCentre.

For more information on the various units containing residential schools, please refer to the following link in the CQUni Handbook: https://handbook.cqu.edu.au/resschools/index or contact the Unit Coordinator directly.

Unit Coordinator contact information can be found via the Unit Profiles in the following link: https://my-courses.cqu.edu.au/pub/profiles/search

Minor Streams

Students in the Bachelor of Exercise and Sport Science (Secondary Teaching) course must complete six (6) units in a secondary teaching discipline (other than Health and Physical Education) from the approved teaching area list (minors) outlined in the CQUni Handbook for CC13 Bachelor of Education (Secondary). Go to “Course Structure” and click on the small arrow to drop down the list of disciplines.

Secondary Teaching Minors students can choose from the CC13 course include:

- Accounting
- Biology
- Business
- Chemistry
- English
- Geography
- History
- Home Economics and Hospitality
- Industrial Technology and Design
- Mathematics
Practicum/Work Integrated Learning (WIL) Requirements

ESSC13008 - Students must complete a compulsory practicum experience with healthy populations under the supervision of a health professional. Placement hours will consist of a range of activities relevant to exercise and sport sciences and include exercise assessment, prescription, and delivery.

ESSC13009 - Students must complete a compulsory practicum experience with healthy populations under the supervision of a health professional. Placement hours will consist of a range of activities relevant to exercise and sport sciences and include exercise assessment, prescription, and delivery.

ESSC13005 - Students must complete an observational placement in a clinical setting where exercise is used in the assessment, treatment, or prevention of chronic or complex health conditions.

If you have any questions about your course, please contact the Course Advice Team: spc@cgu.edu.au or by visiting http://handbook.cqu.edu.au/eforms/index and filling out the ‘Ask a Course Advisor’ e-form.

PLEASE CHECK THE CQU NI HANDBOOK FOR ALL TERM AVAILABILITIES AND PRE-REQUISITES AS THEY MAY CHANGE FROM YEAR TO YEAR http://handbook.cqu.edu.au

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Last Updated: 29/01/2019
GLOSSARY

- **Course**: A course is the combination of units that contribute towards either a CQUniversity award qualification or non-award study.

- **Course Code**: A course code identifies the specific course a student may be studying at CQUniversity.

- **Unit**: A unit is the individual subject students must complete in order to graduate from their course.

- **Unit Code**: A unit code identifies a specific unit that a student is enrolled in under their course.

- **Pre-Requisite (Pre-Req) Unit**: A pre-req unit is a unit which students must pass before being allowed to enrol in the subsequent unit.

- **Co-Requisite (Co-Req) Unit**: A co-req unit is a unit that must be studied at the same time as another unit.

- **Anti-Requisite (Anti-Req) Unit**: An anti-req unit is an old unit that has been replaced by a new unit and students are not permitted to study the old unit.

- **Credit Points (CP)**: Credit Points are the numerical value of a unit which contributes to the total Credit Points for a course.

- **Core Unit**: A core unit is a compulsory unit that a student must study to meet the requirements of their course.

- **Elective Unit**: An elective unit is a unit within a course that is not compulsory and students may have a choice in what unit they study, provided it meets the elective requirements of their course.

- **Major**: A major is a specific area within a course where a student specialises in and is normally made up of 8 units for undergraduate courses, and 4 units for postgraduate courses. Not all courses have majors.

- **Double Major**: A double major is where students specialise in 2 areas of study and is normally made up of 16 units. Double majors are normally only available in undergraduate courses.

- **Minor**: Like a major, a minor is a specific area within a course where a student specialises and is normally made up of 4 units.

- **Term**: A specified period of time for higher education units in which teaching, learning and assessment occurs. CQUniversity offers 3 Academic Terms per year: Term 1, Term 2 and Term 3.