

## School of Health, Medical & Applied Sciences

### CC59 Bachelor of Public Health

### Nutrition Major

### Full Time Study Plan – Term 1 2019 onwards

Year	Unit Code	Unit Name	CP	Requisites	Ad. Stand	Comp Term /Status
Year 1	HLTH11027 **	Foundations of Health	6			T1 2019
	ENVH11001	Health & the Environment	6			T1 2019
	SCIE11022	Introductory Science	6			T1 2019
	BMSC11001 **	Human Body Systems 1	6			T1 2019
	PBHL11002	Public Health & Chronic Disease	6			T2 2019
	PBHL11001	Public Health Data & Management	6			T2 2019
	BMSC11002 **	Human Body Systems 2	6			T2 2019
	BMSC11006	Food, Nutrition & Health	6			T2 2019
Year 2	PBHL12001 *	Communicable Diseases & Public Health	6	Pre-Req Completion of 48cp		T1 2020
	HLTH12032 *	Community Assets & Needs Assessment	6			T1 2020
	NUTR12001	Human Nutrition	6			T1 2020
		<i>Elective or Minor Unit (See Notes on Page 3-5)</i>	6			T1 2020
	PBHL12002	Public Health Interventions	6	Pre-Req Completion of 48cp		T2 2020
	NUTR12002	Nutrition in Practice	6	Pre-Req NUTR12001		T2 2020
	ENVH12001 *	Food Safety	6	Pre-Req Completion of 48cp		T2 2020
		<i>Elective or Minor Unit (See Notes on Page 3-5)</i>	6			T2 2020
Year 3	HLTH13031 **	Population Health Epidemiology	6	Pre-Req Completion of 72cp		T1 2021
	PBHL13001	Public Health & Environmental Sustainability	6	Pre-Req Completion of 96cp		T1 2021
	PBHL13003	Public Health in Practice A	6	Pre-Req Completion of 96cp		T1 2021
	NUTR13001	Public Health Nutrition	6	Pre-Req NUTR12002		T1 2021
	PBHL13002	Public Health Disaster Management	6	Pre-Req Completion of 96cp		T2 2021
	PBHL13004	Public Health in Practice B	6	Pre-Req Completion of 96cp & PBHL13003		T2 2021
		<i>Elective or Minor Unit (See Notes on Page 3-5)</i>	6			T2 2021
		<i>Elective or Minor Unit (See Notes on Page 3-5)</i>	6			T2 2021
<b>Total Units: 24</b>			<b>144</b>			

\*\* Available over Term 3

\* Compulsory Residential School

✓ Completed

CP = Credit Points

For information on the terminology used in the above study plan, please refer to the Glossary on the last page of this document.

**Important Note:** This Study Plan has no formal or legal status but is used to assist students in planning their course.

Students should refer to the official University database and/or University transcripts to ensure they are meeting course requirements.

## MORE DETAILS:

To satisfy the requirements for the award of CC59 Bachelor of Public Health (Nutrition), students must complete 24 units (144 credit points).

### Recommended Study Schedule

Students should complete units in an order that is as close as possible to the recommended structure set out in this study plan. Students should concentrate on completing all first year units before moving on to second year units, and all second year units before moving on to third year units.

### Course Structure Requirements

In the CC59 Bachelor of Public Health (Nutrition), students are required to complete the following course structure:

- 12 Core Units
- 8 Major Units
- 4 Elective Units **OR** 4 Minor Units

### Course Duration Requirements

Full Time Duration                      3 years full time

Part Time Duration                      6 years part time

Please also note that if you fail units or take a Leave of Absence, your course duration and completion timeframe may be extended.

**Interim Awards**                              Interim Awards do not exist for this course

**Exit Awards**                                      CC44 Associate Degree in Public Health

### Deferral/Leave of Absence

Domestic students in the Bachelor of Public Health (Nutrition) degree are permitted to defer the initial offer of their degree for a maximum of 12 months before their offer is withdrawn. Furthermore, domestic students may also take an approved Leave of Absence (LOA) once they have commenced their course of study however only a maximum of 12 months can be granted without requesting further approval from the Head of Course.

You can apply for a deferral or LOA [here](#).

International students are not permitted to defer their initial offer or take a Leave of Absence unless otherwise discussed with their Home Campus.

**Important Note:** This Study Plan has no formal or legal status but is used to assist students in planning their course. Students should refer to the official University database and/or University transcripts to ensure they are meeting course requirements.

## Credit Transfer

If you have undertaken study in the last ten years, or have relevant in-formal or non-formal learning, you may be eligible for credit towards your course. Please note that some courses have reduced timeframes within which prior study remains eligible for credit. Please refer to the [CQUni Handbook](#) for specific credit time limits relating to your course.

To submit an application for credit, please refer to the [Credit Calculator](#) or contact the Academic Pathways Team via their email [credit@cqu.edu.au](mailto:credit@cqu.edu.au). Further information about the credit process can also be found on the [Credit for Prior Learning](#) webpage.

Credit applications should be submitted at least four (4) weeks before the relevant term commences. Applications must be complete with all supporting documentation to be assessed by CQUniversity. CQUniversity cannot obtain documents from other institutions, organisations or individuals.

## Residential Schools

Students studying via Distance education may be required to attend compulsory on-campus residential schools and have been marked with an asterisk (\*) in the above study plan.

The units that require a compulsory residential school must be enrolled in as “Mixed Mode” under the unit availabilities in MyCentre.

For more information on the various units containing residential schools, please refer to the following link in the CQUni Handbook: <https://handbook.cqu.edu.au/resschools/index> or contact the Unit Coordinator directly.

Unit Coordinator contact information can be found via the Unit Profiles in the following link: <https://my-courses.cqu.edu.au/pub/profiles/search>

## Electives

Students in the Bachelor of Public Health course must successfully complete a total of 4 Elective units. Electives can be any undergraduate 6 credit point unit offered at CQUniversity provided the pre and co-requisites are met.

- Undergraduate Level One Unit Codes begin with a “11” (e.g. MRKT11029)
- Undergraduate Advanced Level Unit Codes begin with either a “12”, “13”, or “19” (e.g. MGMT19128)

## Minor Streams

Students in the CC59 Bachelor of Public Health course also have the option of completing a Minor in place of their Electives. The list of Minors and the related units are outlined below:

### NUTRITION MINOR

**Choose one of the following:**

- HLTH11031 Healthy Lifestyles
- ENVH12001\* Food Safety

**Students must complete the following units:**

- NUTR12001 Human Nutrition
- NUTR13001 Public Health Nutrition
- NUTR12002 Nutrition in Practice

### OCCUPATIONAL HEALTH AND SAFETY MINOR

**Students must complete the following compulsory unit:**

- OCHS11026 Introductory Occupational Health and Safety

**Students must complete three from the following units:**

- OCHS12018 Safety Science

- OCHS12015 Occupational Health and Safety Law
- OCHS12019 Human Factors
- OCHS13016 Advanced Occupational Health
- OCHS13018 Safety Systems
- OCHS13019 Prevention through Design
- OCHS13017 Resilient Organisations
- AINV11002 Socio-technical Systems
- OCHS11025 Health and Safety Risk Management

### EXERCISE SCIENCE MINOR

**Students must complete the following compulsory units:**

- ESSC11003\* Skill Acquisition and Movement
- BIOH11005 Introductory Anatomy and Physiology

**Students must complete two from the following units:**

- ESSC12001\* Exercise and Sport Physiology
- ESSC12002 Exercise and Sport Management
- ESSC12003\* Exercise and Sport Psychology

- ESSC12004\* Exercise and Sport Biomechanics
- ESSC12005\* Applied Exercise and Sport Physiology
- ESSC12006 Applied Exercise and Sport Management
- ESSC12007 Applied Exercise and Sport Psychology
- ESSC12008\* Applied Exercise and Sport Biomechanics
- ESSC13006\* Applied Skill Acquisition and Movement

### ENVIRONMENTAL SCIENCE MINOR

**Students must complete four from the following units:**

- ENVR11011 Fundamentals of Environmental Science
- ENVR11012\* Applications of Environmental Science
- EVST19023\* Water Resource Management
- EVST19008 Development and Environmental Policy

- EVST19007 Environmental Impact Assessment
- EVST19020 Environmental Management Systems
- EVST19015 Australian Environmental History
- EVST19021\*\* Thinking Systemically & Sustainably
- EVST19022 Climate Change: Risk and Assessment
- GEOG19021 Geographic Information Systems
- LAWS11046 Law and the Environment

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## ENVIRONMENTAL HEALTH MINOR

*-Environmental Health Students are not eligible for this minor*

**Students must complete the following units:**

- ENVH12001\* Food Safety
- ENVH12002 Environmental Health Law
- ENVH12003 Environmental Toxicology
- ENVH13002\* Environmental Health Risk Management

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## HEALTH PROMOTION MINOR

*-Health Promotion Students are not eligible for this minor*

*-Students majoring in Nutrition are recommended to take this minor. As HLTH12032 Community Assets and Needs Assessment is already a core unit, replace with HLTH11029 Health Promotion Concepts.*

**Choose one of the following:**

- HLTH11029 Health Promotion Concepts
- HLTH11031 Healthy Lifestyles

**Students must complete the following compulsory units:**

- HLTH12032\* Community Assets & Needs Assessment
- HLTH12031 Community Engaged Learning
- HLTH13035 Health in all Policies

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## INDIGENOUS STUDIES MINOR

*-Health Promotion students will need to select an alternative elective*

**Students must complete four from the following units:**

- INDG11013 Introductory Aboriginal & Islander History
- INDG11006 Introductory Aboriginal & Island History
- INDG19015 Aboriginal Cultures and Country
- INDG19016 Contemporary Indigenous Issues

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## MANAGEMENT AND HUMAN RESOURCES MINOR

**Students must complete the following compulsory unit:**

- HRMT11011\*\* Human Resources in Organisations
- MGMT11109\*\* Introduction to Business

**Students must complete two from the following units:**

- HRMT19016 Contemporary Organisational & H R M Studies
- HRMT19020 Managing Organisational Change
- HRMT19021 Principles of Employment Relations
- HRMT19023 Conflict & Negotiation
- MGMT19013 Logistics Management

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## BUILT ENVIRONMENT MINOR

**Student must complete the following units:**

- BLAR11033 Building Materials 1
- BLAR11043 Building Systems & Services 1
- BLAR11050 Residential Construction
- BLAR11051 Construction Legislation 1

## Practicum/Work Integrated Learning (WIL) Requirements

- PBHL13003 - Placement in professional environment relevant to chosen major. Developing experience relevant to professional- specific activities/tasks. Planning and conducting a research project or health promotion course in the workplace.
- PBHL13004 - Placement in professional environment relevant to chosen major. Developing experience relevant to professional- specific activities/tasks. Planning and conducting a research project or health promotion course in the workplace.

If you have any questions about your course, please contact the Course Advice Team: [spc@cqu.edu.au](mailto:spc@cqu.edu.au) or by visiting <http://handbook.cqu.edu.au/eforms/index> and filling out the 'Ask a Course Advisor' e-form.

**PLEASE CHECK THE CQUNI HANDBOOK FOR ALL TERM AVAILABILITIES AND PRE-REQUISITES AS THEY MAY CHANGE FROM YEAR TO YEAR <http://handbook.cqu.edu.au>**

## GLOSSARY

- **Course**: A course is the combination of units that contribute towards either a CQUniversity award qualification or non-award study.
- **Course Code**: A course code identifies the specific course a student may be studying at CQUniversity.
- **Unit**: A unit is the individual subject students must complete in order to graduate from their course.
- **Unit Code**: A unit code identifies a specific unit that a student is enrolled in under their course.
- **Pre-Requisite (Pre-Req) Unit**: A pre-req unit is a unit which students must pass before being allowed to enrol in the subsequent unit.
- **Co-Requisite (Co-Req) Unit**: A co-req unit is a unit that must be studied at the same time as another unit.
- **Anti-Requisite (Anti-Req) Unit**: An anti-req unit is an old unit that has been replaced by a new unit and students are not permitted to study the old unit.
- **Credit Points (CP)**: Credit Points are the numerical value of a unit which contributes to the total Credit Points for a course.
- **Core Unit**: A core unit is a compulsory unit that a student must study to meet the requirements of their course.
- **Elective Unit**: An elective unit is a unit within a course that is not compulsory and students may have a choice in what unit they study, provided it meets the elective requirements of their course.
- **Major**: A major is a specific area within a course where a student specialises in and is normally made up of 8 units for undergraduate courses, and 4 units for postgraduate courses. Not all courses have majors.
- **Double Major**: A double major is where students specialise in 2 areas of study and is normally made up of 16 units. Double majors are normally only available in undergraduate courses.
- **Minor**: Like a major, a minor is a specific area within a course where a student specialises and is normally made up of 4 units.
- **Term**: A specified period of time for higher education units in which teaching, learning and assessment occurs. CQUniversity offers 3 Academic Terms per year: Term 1, Term 2 and Term 3.